

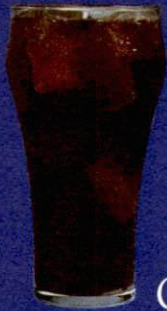
Biscuits  
(mix)



Nuts



Macaroni &  
Cheese



Cola



Pizza



Hotdogs &  
Sausage

Cheese



# HIGH PHOSPHORUS FOODS

Peanut  
Butter



Cream  
Soup



Ice  
Cream



Chocolate



Liver &  
Organ Meats



Milk



Dried  
Beans  
& Peas



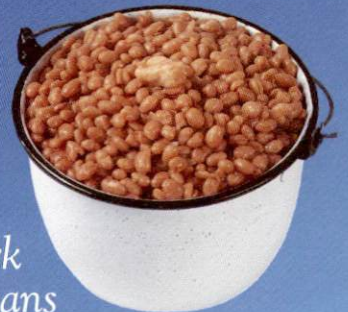
Yogurt &  
Pudding



Pancakes  
(mix)



Pork  
& Beans

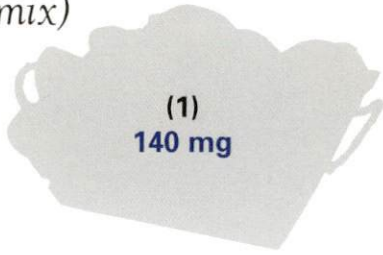


These are foods to limit or avoid. Check with your Renal Dietitian.



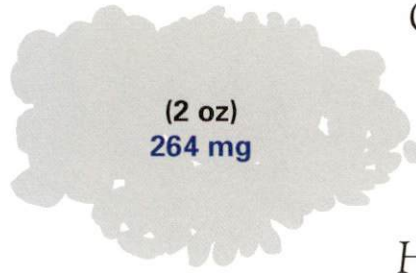


Biscuits  
(mix)



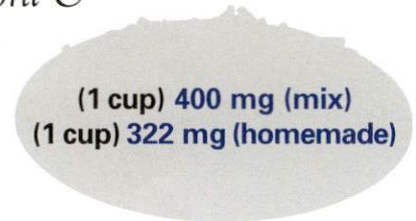
(1)  
140 mg

Nuts

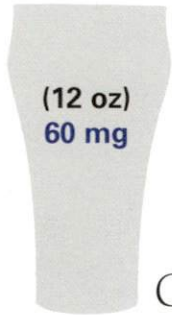


(2 oz)  
264 mg

Macaroni &  
Cheese



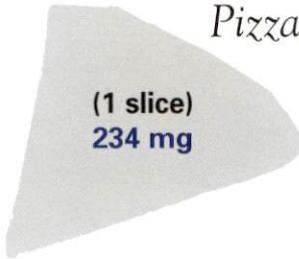
(1 cup) 400 mg (mix)  
(1 cup) 322 mg (homemade)



(12 oz)  
60 mg

Cola

Pizza



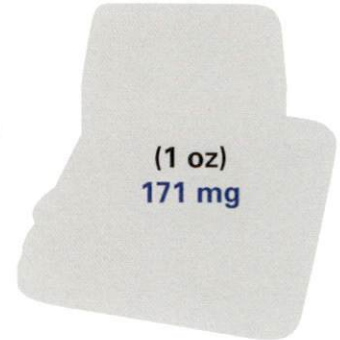
(1 slice)  
234 mg

Hotdogs &  
Sausage



(2 hotdogs) 170 mg  
(4 sausages) 180 mg

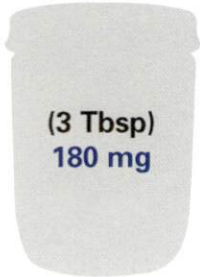
Cheese



(1 oz)  
171 mg

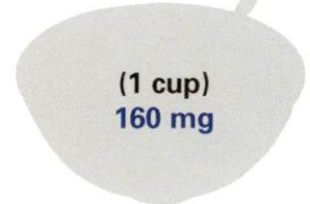
# HIGH PHOSPHORUS FOODS

Peanut  
Butter



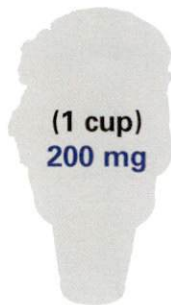
(3 Tbsp)  
180 mg

Cream  
Soup



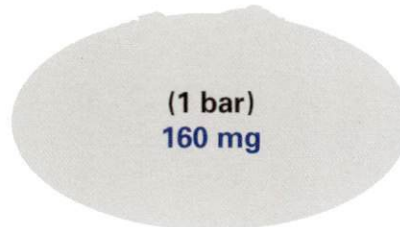
(1 cup)  
160 mg

Ice  
Cream



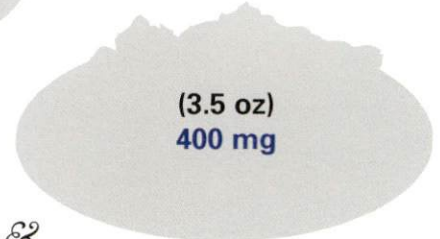
(1 cup)  
200 mg

Chocolate



(1 bar)  
160 mg

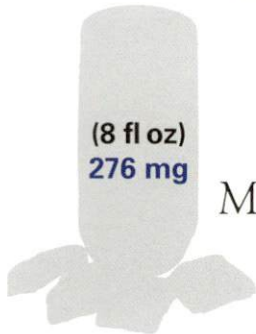
Liver &  
Organ Meats



(3.5 oz)  
400 mg

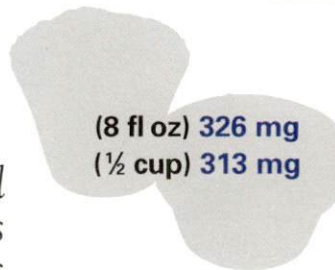
(8 fl oz)  
276 mg

Milk

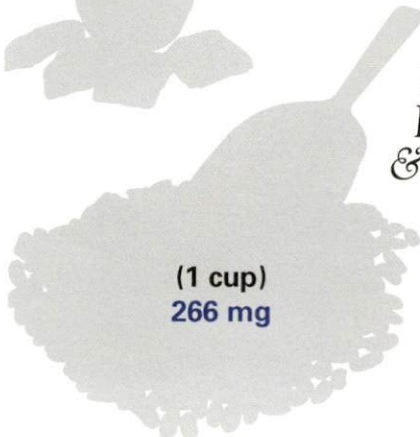


(8 fl oz) 326 mg  
(½ cup) 313 mg

Yogurt &  
Pudding

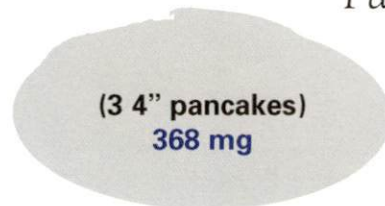


Dried  
Beans  
& Peas



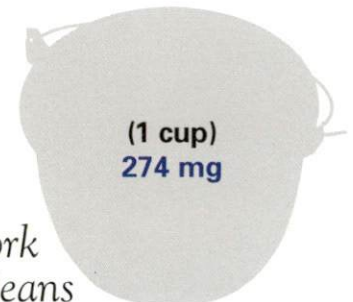
(1 cup)  
266 mg

Pancakes  
(mix)



(3 4" pancakes)  
368 mg

Pork  
& Beans



(1 cup)  
274 mg

