



NEPHROLOGY ASSOCIATES

The following "Over-the-counter" medications are **APPROVED** for your use by your Nephrologist

FEVER OR PAIN	Tylenol 325mg 1-2 tablets every 4-6 hours. DO NOT exceed 6 tablets in a 24-hour period
COUGH	Robitussin cough syrup—dose according to product recommendations Mucinex
COLD-CONJESTION	All Robitussin
DIARRHEA	Imodium AD—Dose according to product recommendations (if diarrhea persists more than 48 hours, please notify your physician)
STOOL SOFTENER	Surfak 1-2 tablets as needed, maximum of 4 tablets per day
CONSTIPATION	Dulcolax tablets or suppositories—dose according to product recommendations (if constipation persists more than 48 hours please notify your physician) Magnesium citrate, Miralax
NO FLEET ENEMAS	
ALLERGIES	Zyrtec
COLONOSCOPY	Moviprep
ANTACID	Tums