



NEPHROLOGY ASSOCIATES

The following "Over-the-counter" medications are **APPROVED** for your use by your Nephrologist

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| FEVER OR PAIN | Tylenol 325mg 1-2 tablets every 4-6 hours. DO NOT exceed 6 tablets in a 24-hour period |
| COUGH | Robitussin cough syrup—dose according to product recommendations Mucinex |
| COLD-CONJESTION | All Robitussin |
| DIARRHEA | Imodium AD—Dose according to product recommendations (if diarrhea persists more than 48 hours, please notify your physician) |
| STOOL SOFTENER | Surfak 1-2 tablets as needed, maximum of 4 tablets per day |
| CONSTIPATION | Dulcolax tablets or suppositories—dose according to product recommendations (if constipation persists more than 48 hours please notify your physician) Magnesium citrate, Miralax NO FLEET ENEMAS |
| ALLERGIES | Zyrtec, Claritin, Benadryl, Allegra |
| COLONOSCOPY | Moviprep, Gavilyte-C |
| ANTACID | Tums |
| SUPPLEMENT | Nephro-low salt, low potassium, low phosphorous |