



NEPHROLOGY ASSOCIATES

Nephrology Associates Kidney Disease Education Classes

Part 1: CKD Overview will define CKD/stages/causes and what are common symptoms.

Topics included, but not limited to:

- Why learn about kidney disease
- How do the kidneys work?
- What do the kidneys do?
- What is CKD? (Chronic Kidney Disease)
- What causes CKD?
- Stages of CKD

Part 2: Treatment Options discusses the types of dialysis, transplantation, and the option of medical management

Topics included, but not limited to:

- What is dialysis?
- Types of dialysis
- How does dialysis work?
- Pros and cons of dialysis
- What is a kidney transplant?
- Who can have a kidney transplant?
- Pros and cons of having a transplant
- What is medical management?
- Advanced directive and living will

A referral for this 40 minute education appointment will be placed into our computer system and then our office will call you to schedule an appointment that works best for your location and availability. These appointments will be with one of our Nurse Practitioners or Physician Assistants, based on location and date.

